

12 days /11 nights

# By Bike in Puglia between Two Seas

Discover the Authentic Puglia through Trulli, Sea,  
and Flavors



starting from **1771 €**

SKU: **PARTNER00089**

 **Availability on Request**

 Individual

 Itinerant

 E Bike

 12 giorni

 310 Km

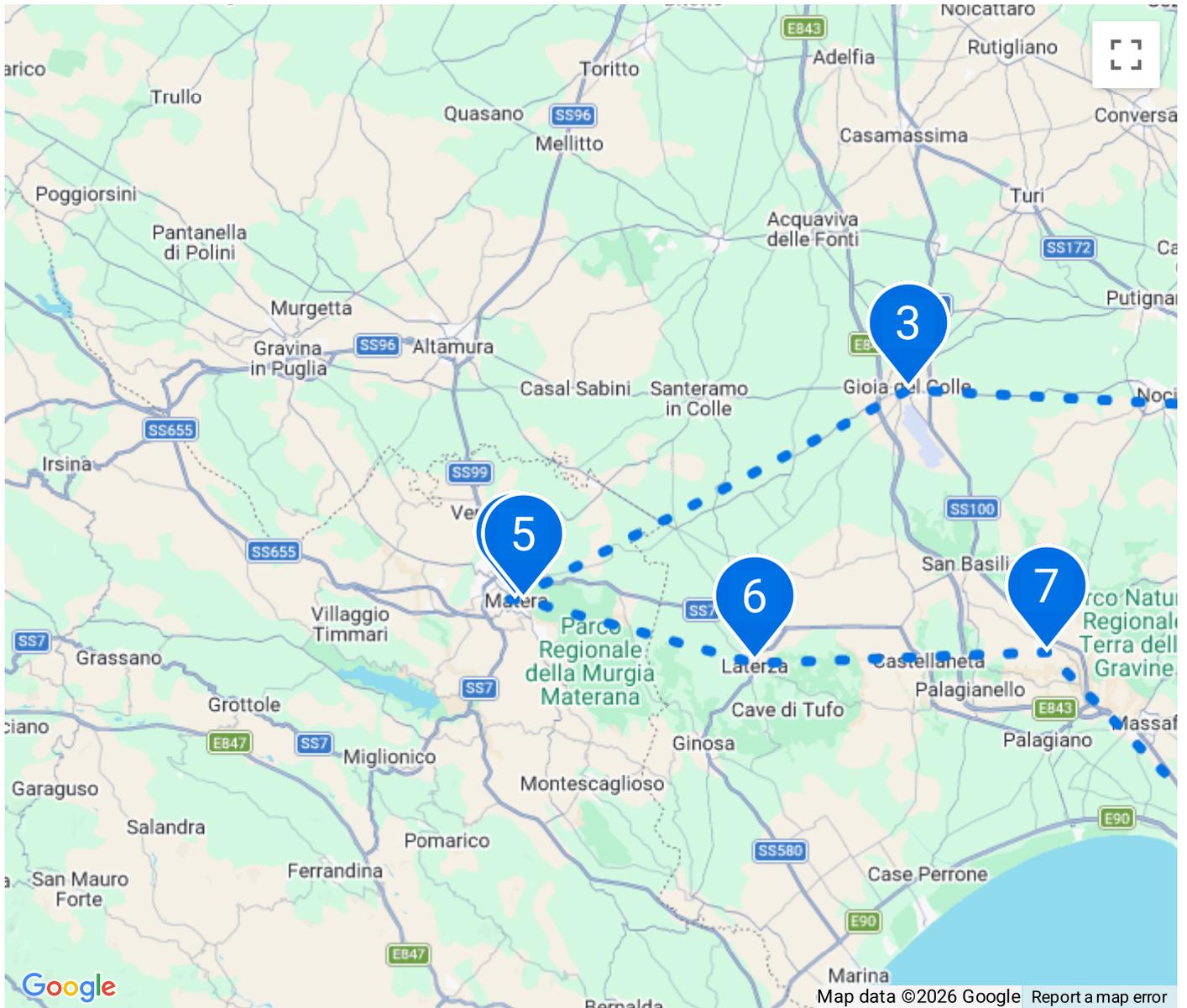
 **Medium**

 **Operated by Ebike Rental Puglia**

## Tour Overview

A cycling experience to discover the real Puglia: natural landscapes, historic villages, and local traditions. Starting from Polignano a Mare, the tour will take you to Matera, Castellaneta, Taranto, and Monopoli, with tastings, cooking classes, and much more.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



# Itinerary

Travel Notes

## Polignano a Mare

Your journey begins in Polignano a Mare, one of the most iconic locations in Puglia, renowned for its charming terraces overlooking the Adriatic Sea. Upon arrival, check-in at your hotel and enjoy some free time to explore the picturesque historic center. Wander through narrow streets, discover ancient squares, and take a moment to relax on the famous panoramic terraces. The evening concludes with dinner at a traditional restaurant, where you can savor dishes prepared with fresh, local ingredients, such as freshly caught fish, for a full immersion in the flavors of Puglia. Overnight at the hotel.

Duration:

Accommodation: Polignano a Mare



## Alberobello

The second day begins with a hearty breakfast at the hotel, followed by a technical briefing where you'll receive all the necessary details to familiarize yourself with the e-bikes and the navigation app. Once ready, you'll set off on a fascinating ride through nature, passing centuries-old olive groves and traditional dry stone walls, until you reach Alberobello, one of the most iconic symbols of Puglia. Upon arrival, you'll check-in at your accommodation and have free time to explore the charming Rione Monti, renowned for its trulli, a UNESCO World Heritage site. Stroll through these unique cone-roofed buildings, uncovering the history and charm of this extraordinary place. The evening ends with dinner at a historic inn, where you'll savor traditional Puglian dishes made with fresh, local ingredients. Overnight at the hotel.

Duration:

Accommodation: Alberobello



## Gioia del Colle

Breakfast at the hotel, then departure towards Gioia del Colle, with a ride through gentle hills and characteristic landscapes of rural Puglia. The route will take you through olive groves and vineyards, offering a charming view of the countryside. Upon arrival in Gioia del Colle, visit a local winery where you'll have the opportunity to participate in a wine tasting, guided by industry experts who will share the history and winemaking traditions of the region. In the afternoon, check-in at the selected accommodation and free time to relax. Later, enjoy a cooking class with a local housewife, learning to prepare fresh pasta, an iconic dish of Puglian cuisine, using fresh and local ingredients. The day will end with a dinner where you'll savor the dishes prepared during the class, accompanied by local wine. Overnight at the hotel.

Duration:

Accommodation: Gioia del Colle



## Matera

Start the day with breakfast at the hotel before heading towards Matera, one of the most fascinating cities in Italy. On the way, stop at the Masseria degli Asini for a break, where you can enjoy a farmer's snack made with fresh, local products. Upon arrival in Matera, check-in at your hotel and enjoy some free time to explore the famous Sassi of Matera, a unique complex of cave dwellings declared a UNESCO World Heritage site. Wander through the narrow streets and ancient caves, uncovering the millennia-old history of this captivating city. The evening concludes with dinner at a traditional restaurant, where you'll have the opportunity to taste local Lucanian dishes, such as "capiata," a hearty legume dish, and "peperoni cruschi," another delicious traditional specialty. Overnight at the hotel.

Duration:

Accommodation: Matera



## Matera

After breakfast at the hotel, enjoy a day of free time to explore Matera as you wish. Wander through the historic center and take in the breathtaking views from the city's famous panoramic terraces overlooking the Sassi. You can visit rock-hewn churches, museums, or simply soak in the unique atmosphere of Matera's charming alleys and squares. In the evening, enjoy dinner at a traditional restaurant, where you can savor authentic Lucanian cuisine. Overnight stay at the hotel.

Duration:

Accommodation: Matera



## Laterza

After breakfast at the hotel, the day begins with a journey to Ginosa, a charming village known for its fascinating rock-hewn dwellings. A guided tour will lead you through the historic center, unveiling the ancient cave houses and local traditions. Before continuing, take a break at a traditional bakery to taste the renowned Ginosa bread, accompanied by crunchy taralli and almond-based sweets. In the afternoon, the journey proceeds to Laterza, following a scenic route along breathtaking ravines—impressive canyons carved into the rock. Upon arrival, check-in at a B&B overlooking the ravine, offering an immersive experience in untouched nature. As the sun sets, enjoy a guided walk along the ravine, an opportunity to admire this unique landscape, followed by a visit to the Museum of Majolica, where you can discover the region's ceramic artistry. The evening ends with dinner at a traditional restaurant, where you'll savor authentic Apulian cuisine. Overnight stay in a B&B.

Duration:

Accommodation: Laterza



## Mottola

After breakfast, the journey continues to Castellaneta, the birthplace of silent film legend Rodolfo Valentino. Here, you'll visit the museum dedicated to him, which showcases his life and career through memorabilia, photographs, and film projections. Before setting off again, stop at a traditional bakery to taste local specialties such as focaccia and panzerotti, freshly baked and full of flavor. In the afternoon, the route leads through ancient olive groves and fascinating rock-hewn churches, immersing you in the history and breathtaking landscapes of the Murgia Tarantina. By evening, you'll arrive at a historic masseria, where you can relax in an authentic and peaceful setting. The day concludes with a dinner inspired by traditional peasant cuisine, featuring fresh, locally sourced ingredients. Overnight stay in a masseria.

Duration:

Accommodation: Mottola



## Taranto

The day begins with an e-bike tour to discover the fascinating cave churches of Palagianello, a journey into the past that will lead you to hidden places immersed in nature. Along the way, stop at a masseria for a countryside snack with typical local products. In the afternoon, travel to Taranto by train, a city rich in history and tradition. Check-in at the hotel in the historic center, where you'll have free time to explore. You can stroll along the seafront, enjoying the sea view, or get lost in the old town, with its alleys and historical monuments. The evening will end with a typical seafood dinner in a trattoria overlooking the sea, allowing you to savor the most authentic dishes of Taranto's culinary tradition. Overnight stay at the hotel.

Duration:

Accommodation: Taranto



## Ceglie Messapica

After a hearty breakfast, depart for Grottaglie, renowned for its historical ceramic tradition. While walking through the charming Ceramic Quarter, you'll have the opportunity to visit artisan workshops and watch the live crafting of clay, an art passed down through generations. Here, you can admire unique handmade pieces, from the traditional "pine cones" believed to bring good luck to finely decorated plates, symbols of the local craftsmanship excellence. After the visit, a gastronomic break allows you to savor the authentic flavors of the region with a tasting of local products. In the early afternoon, continue your journey to Ceglie Messapica, one of the oldest cities in Puglia, known for its culinary tradition and historic center. The day concludes with a dinner in a restaurant in the heart of the historic center, where traditional Messapic dishes take center stage. Overnight stay in a historic building.

Duration:

Accommodation: Ceglie Messapica



## Ostuni

After breakfast, the day begins with a bike ride through the beautiful Valle d'Itria, one of the most charming areas of Puglia, characterized by lush hills and picturesque villages. Along the way, there will be a stop at a local masseria, where you can taste olive oil, wine, and other typical products of the Pugliese tradition. The journey continues towards Martina Franca, with its Baroque old town, and then to Locorotondo, one of the Most Beautiful Villages in Italy, famous for its white houses with conical roofs. In the afternoon, you will reach Ostuni, the renowned "White City," where you will check in at a panoramic hotel, offering stunning views of the city. The day concludes with an evening stroll through the narrow streets of Ostuni, followed by a delicious dinner at a traditional restaurant serving local Pugliese dishes. Overnight stay.

Duration:

Accommodation: Ostuni



## Monopoli

After breakfast, depart towards the Coastal Dunes Park, a coastal stretch offering natural landscapes with sandy dunes and Mediterranean vegetation. During the journey, there will be a stop at Torre Canne, where you can enjoy a delicious fish sandwich directly by the harbor, breathing in the fresh sea air. In the afternoon, the journey continues to Monopoli, where check-in will take place at a hotel in the city center. After settling in, you will have free time for a stroll through the characteristic seaside village, with its narrow streets and harbor. The day concludes with a final fish dinner, for an unforgettable farewell to Puglia. Overnight stay.

Duration:

Accommodation: Coastal Dune Park



## Monopoli

Breakfast and a day dedicated to relaxation, with free time to further explore the city. Transfer to the station or airport for departure. End of services.

Duration:

Accommodation: Monopoli



# Supplements

## Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

## Basic Insurance (see terms and conditions)

[Download insurance details.](#)

# Price and discount rooms

## Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

## Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

# Departures on request

starting from **1771 €**  
**April 2026**

starting from **1771 €**  
**May 2026**

starting from **1771 €**  
**June 2026**

starting from **1771 €**  
**September  
2026**

starting from **1771 €**  
**October  
2026**

starting from **1771 €**  
**November  
2026**

# What's included

- ✓ Phone assistance
- ✓ Bike included
- ✓ Breakfast
- ✓ Travel document
- ✓ Excursions
- ✓ Tour Operator Guarantees
- ✓ Overnight stay in a Double Room
- ✓ Stay in a 3-star establishment or similar
- ✓ Tourist tax

# What you will visit

- 📍 Polignano a Mare
- 📍 Alberobello
- 📍 Gioia del Colle
- 📍 Matera
- 📍 Matera
- 📍 Laterza
- 📍 Mottola
- 📍 Taranto
- 📍 Ceglie Messapica
- 📍 Ostuni
- 📍 Monopoli
- 📍 Monopoli

# Accommodation



Polignano a Mare



Alberobello



Gioia del Colle



HOTEL

**Matera**



HOTEL

**Matera**



B&B

**Laterza**



FARMHOUSE

**Mottola**



HOTEL

**Taranto**



B&B

**Ceglie Messapica**

HOLIDAY HOME



**Ostuni**

HOLIDAY HOME



**Monopoli**

# To know

## ✓ How to get there

By Car: A14 motorway, Bari Nord exit

By Train: Polignano a Mare railway station

By Air: Bari Karol Wojtyła Airport

## ✓ Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you.

## ✓ General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date.

The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it.

## ✓ Currency

Euro

## ✓ Vaccinations

No

## ✓ Documents and visas

Passport, ID Card

## ✓ Emergency numbers

Emergency number: 112

## ✓ Electrical sockets

220v

# Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

## Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!