

3 days / 2 nights

Navelli, the Saffron Village

Saffron Harvesting and Processing



starting from **440 €**

SKU: ISY0003

12 PLACES AVAILABLE

 **Departure from** 24 April 2026

 Group

 Itinerant

 Hiking - Family

 3 giorni

 8 hours

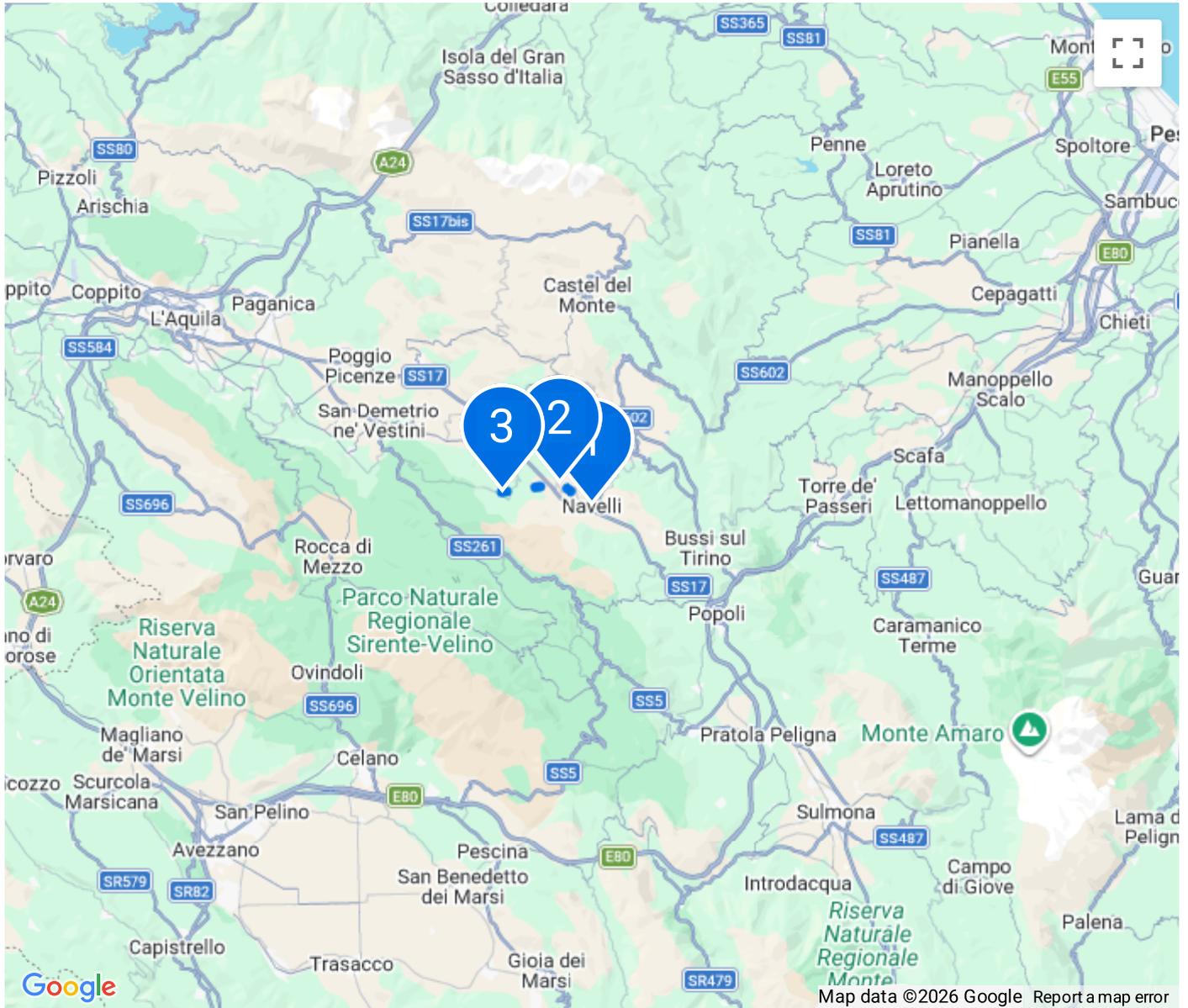
 **Easy**

 Operated by **HikeLife**

Tour Overview

Explore the medieval village of Navelli in a two-day itinerary filled with history, nature, and tradition. Visit the historical treasures and churches of Navelli and Civitaretenga, and experience the unique saffron harvest with local producers. Learn about the separation and drying of the stigmas, and end the day with a typical chickpea and saffron soup.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

Navelli

Upon arrival in Navelli in the afternoon, you will be warmly welcomed at your accommodation (for larger groups, distributed lodging may be required). Meet your guide and take a walk through the historic center before enjoying a traditional dinner. Return to the accommodation and overnight stay.

Duration:

Height difference: 30 m

Accommodation: Navelli



Civitaretenga

Wake up at dawn, enjoy breakfast, and head to the saffron fields located on the plateau below the village of Navelli. Together with members of the Consortium for the Protection of Saffron of L'Aquila DOP, you will witness the saffron harvest, which takes place during the last week of October and involves all the saffron producers of the cooperative. This process is repeated every morning at dawn, before the sunlight opens the flowers. The work is done by hand, with the collected flowers placed into wicker baskets. By evening, the producers gather at one of their homes to separate the stigmas from the stamens and the bell-shaped flower. This work must be done by hand and completed by evening, or the saffron risks spoiling and the harvest may be compromised. Subsequently, you will observe the drying phase, where the stigmas are placed on a sieve over a wood fire. This is the most delicate stage; if the stigmas stay too long over the fire, they risk burning, and if they do not dry properly, they may spoil within days. This must be done on the same day as the harvest. At the end of the day, enjoy a communal moment where the producers prepare a local specialty: a chickpea soup, another regional product, using the freshly harvested saffron. Return to the accommodation and overnight stay.

Duration:

Height difference: 200 m

Accommodation: Civitaretenga



Bominaco

After breakfast, we will load our luggage into the car and head out for an exploratory walk through the medieval center of Navelli. We will visit the Santucci Baronial Palace, the Church of Santa Maria in Cerulis, the Church of San Sebastiano, and the Madonna del Rosario, an example of Baroque architecture. We will then proceed to Civitaretenga, the only hamlet of Navelli, to admire the ancient Church of Sant'Egidio and the Mother Church of San Salvatore. Next, we will head towards the Sistine Chapel of Abruzzo. Located in the Navelli Plateau, along ancient roads once traveled by monks, pilgrims, and shepherds, the small village of Bominaco houses the Oratory of San Pellegrino, known as the Sistine Chapel of Abruzzo. This astonishing gem will leave you speechless as you step through its door. Optional for the adventurous: For those seeking a panoramic view, there is the option to climb up to the Bominaco Castle, which offers spectacular views of the Gran Sasso and the Navelli Plateau. At the end of the visit, we will bid farewell and depart for our respective destinations. End of services.

Duration:

Height difference: 300 m

Accommodation: Bominaco



Supplements

Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

Basic Insurance (see terms and conditions)

[Download insurance details.](#)

Price and discount rooms

Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

NAVELLI, THE SAFFRON VILLAGE

Departure dates

 **24 April 2026**
→
26 April 2026 starting from
440 €

 **23 October 2026**
→
25 October 2026 starting from
440 €

 **30 October 2026**
→
01 November 2026 starting from
~~440 €~~
418 €

Departures on request

starting from **370 €**
September
2026

starting from **440 €**
October
2026

starting from **440 €**
November
2026

An exclusive gadget for our travellers

Participants will receive a complimentary sweatshirt



What's included

- ✓ 2 Dinners
- ✓ Phone assistance
- ✓ Breakfast
- ✓ Travel document
- ✓ Saffron Experience
- ✓ Gadget
- ✓ Tour Operator Guarantees
- ✓ Guide
- ✓ Overnight stay in a Double Room
- ✓ Stay in a 3-star establishment or similar
- ✓ GPX Tracks
- ✓ Transfer

What you will visit

- 📍 Navelli
- 📍 Civitaretenga
- 📍 Bominaco

Accomodation



Navelli



Navelli

To know

✓ How to get there

By Train: L'Aquila/Popoli

By Car: A25 Popoli A24 L'Aquila

By Airplane: Pescara Airport

✓ Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you

✓ General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date. The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

✓ Currency

Euro

✓ Vaccinations

No

✓ Documents and visas

Passaport/Id card

✓ Emergency numbers

Emergency Services Number: 112

✓ Electrical sockets

220v

Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!