

8 days / 7 nights

From the Dolomites to Lake Garda by Bicycle

Along the Rienza, Isarco, and Adige Rivers in Freedom



starting from **700 €**

SKU: PARTNER00022

 Availability on Request

 Individual  Itinerant


 Bike Touring ...  8 giorni

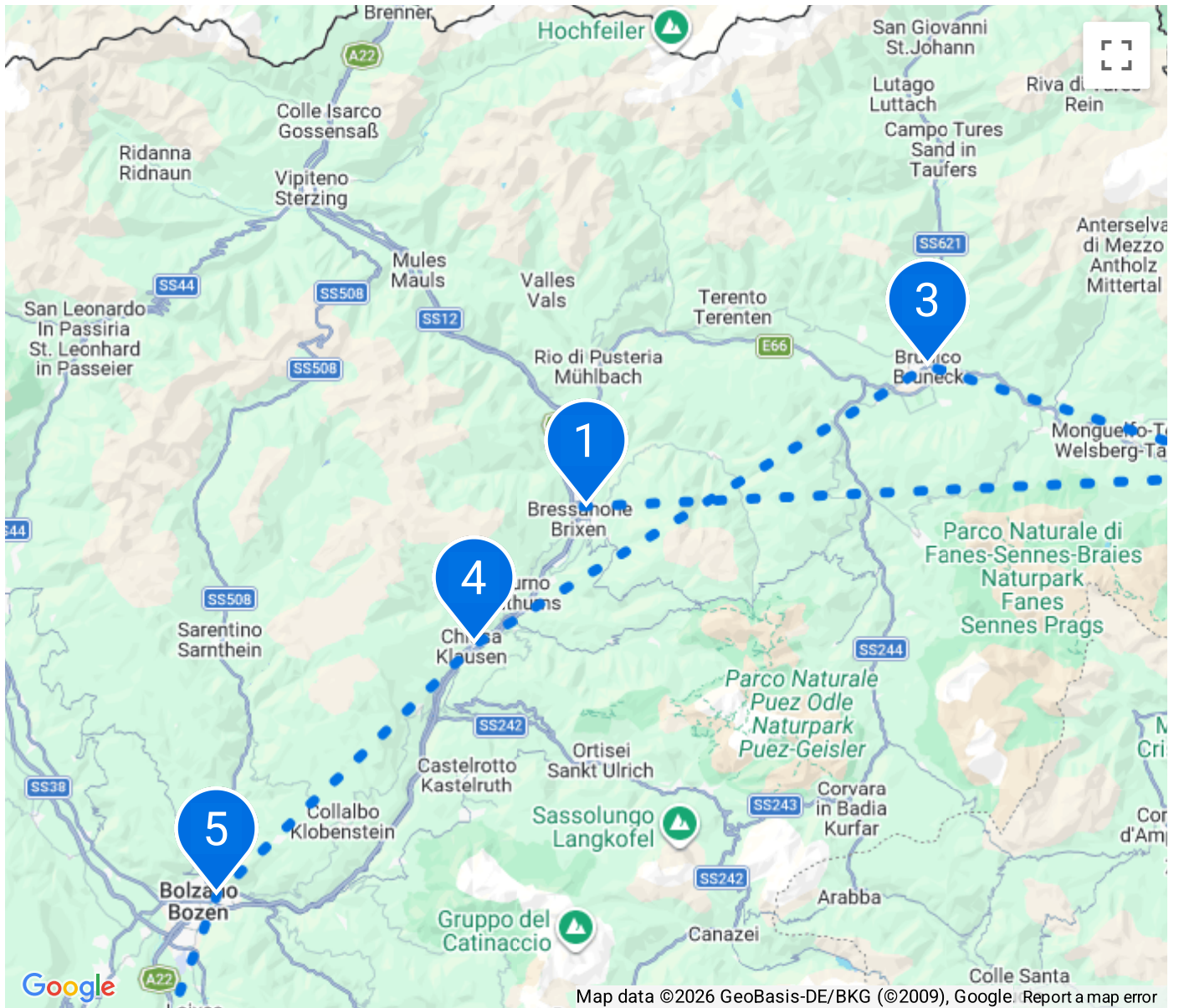
 260 Km  **Medium**

 Operated by **Funactive**

Tour Overview

A cycling tour in the heart of Trentino, from Bolzano to Verona along the region's oldest cycle path. A safe and flat route through vineyards, orchards, and historic villages, perfect for families and cyclists of all levels.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

Bressanone

Individual arrival at the selected accommodation and check-in. Later, a group meeting with the cycling guide will be held to discuss the detailed tour itinerary. Bressanone, located in South Tyrol, is the perfect blend of the charm of the oldest city in Tyrol, with its picturesque alleys and lively historic center, and the romantic surrounding villages. The Plose mountain, with its numerous leisure activities, will captivate you. Bressanone is an ideal destination for culture and nature lovers, offering a doubly seductive experience for any type of vacation, both in summer and winter. Overnight stay.

Duration:

Accommodation: Bressanone



Dobbiaco

After breakfast, depart by train to Dobbiaco. Upon arrival, collect your bikes at the station and begin the first leg of the tour. You will cycle through the Braies Valley and along the Rienza River. After passing the artificial lake of Valdaora, you will reach today's destination: Brunico, welcomed by the impressive castle visible from afar. Overnight stay.

Duration:

Height difference: 500 m

Accommodation: Dobbiaco



Brunico

Early morning wake-up, breakfast, and departure by bike along the Puster Valley. Along the route, you will pass the ruins of the Chiusa di Rio di Pusteria before entering the Isarco Valley. Don't miss the opportunity to visit the Augustinian Abbey of Novacella, dating back to 1142! In Bressanone, a stroll through the historic center and a visit to the Cathedral are recommended before continuing towards today's destination, Chiusa. Overnight stay.

Duration:

Height difference: 300 m

Accommodation: Brunico



Chiusa

From Chiusa, you will cycle along the Isarco River to Ponte Gardena, where the majestic Castel Trostburg will welcome you. From here, the valley narrows until Bolzano, where it opens up again, offering breathtaking scenery. Bolzano is a city where Italian and German cultures meet, creating a unique atmosphere. The mild climate favors Mediterranean vegetation, contrasting with the snow-capped peaks of the Dolomites visible in the distance.

Duration:

Height difference: 300 m

Accommodation: Chiusa



Bolzano

In the morning, travel by train from Bolzano to Merano, a renowned spa town also known as the "Little Vienna." This elegant and lively city is perfect for a stroll or a visit to the Gardens of Trauttmansdorff Castle, the Merano residence of Empress Sissi. Afterwards, resume cycling along the Wine Route back to Bolzano. The rest of the afternoon is free for individual activities. Group dinner and overnight stay.

Duration:

Height difference: 200 m

Accommodation: Bolzano



Trento

Depart from Bolzano by bike with two options to reach Salorno: the first follows the old railway through Oltradige-Bassa Atesina, Caldaro, and finally Salorno; the second follows the Adige Valley cycle path. Near the Salorno Gorge, you will leave South Tyrol and enter Trentino, passing through lush wine-growing areas. The route will be chosen based on weather conditions and group preferences. Upon arrival at the selected accommodation in Trento, you will have free time to explore the town. Overnight stay.

Duration:

Height difference: 300 m

Accommodation:



Riva del Garda

Depart towards Lake Garda, crossing the historic town of Rovereto and the San Giovanni Pass (287 m). The route will take you to Lake Garda, the largest lake in Italy, where you'll feel suspended between land and sea! After checking into the hotel and settling into your room, you'll have free time to explore the lakeside town. Overnight stay.

Duration:

Height difference: 340 m

Accommodation: Riva del Garda



Riva del Garda

Breakfast at the hotel and departure from Lake Garda at your leisure. You can also extend your stay to continue exploring this beautiful region.

Duration:

Accommodation:

Supplements

Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

Bike Touring

Rent the Bianchi C-Sport in Pescara and experience the thrill of sports cycling! This powerful bike lets you explore the best trails in Abruzzo, from the stunning Costa dei Trabocchi to lush hills. Perfect for those seeking a two-wheeled challenge. Book now for an intense and rewarding adventure! Images, colors, and patterns are to be considered as examples only and are not binding.



Size: 47 - 43 - 51 - 55

Price starting from: 135.00

E Bike E Omnia

Rent the E-Omnia T Type Bianchi Electric Bike for Your Vacation in Abruzzo The E-Omnia T Type Bianchi is the perfect choice for those looking to rent an e-bike for their vacation in Abruzzo. This versatile and powerful Bianchi e-bike is ideal for urban commuters and off-road adventure enthusiasts alike. Explore Pescara and its surroundings with ease, enjoying a comfortable and effortless riding experience. Perfect for both city routes and challenging trails, the E-Omnia T Type will take you wherever you want to go, making your vacation unforgettable. Rent today and discover the joy of cycling in Abruzzo with a high-quality electric bike. Images, colors, and patterns are to be considered as examples only and are not binding.






Size: M - L - S - XS

Price starting from: 216.00

Price and discount rooms




Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

Departures on request

starting from **700 €**
April 2026

starting from **700 €**
May 2026

starting from **815 €**
June 2026

starting from **815 €**
July 2026

starting from **815 €**
**August
2026**

starting from **815 €**
**September
2026**

What's included

- ✓ Medical/Luggage Insurance
- ✓ Phone assistance
- ✓ Breakfast
- ✓ Travel document
- ✓ Tour Operator Guarantees
- ✓ Overnight stay in a Double Room
- ✓ Stay in a 4-star or similar accommodation
- ✓ GPX Tracks
- ✓ Luggage transport
- ✓ Videobriefing

What you will visit

- 📍 Bressanone
- 📍 Dobbiaco
- 📍 Brunico
- 📍 Chiusa
- 📍 Bolzano
- 📍 Trento
- 📍 Riva del Garda
- 📍 Riva del Garda

Accommodation



Brixen



Dobbiaco



Brunico



Chiusa



Bolzano



Trento



Riva del Garda

To know

How to get there

By Car: A22 Exit Bressanone

By Train: Bressanone Railway Station

By Plane: Verona Airport

Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you.

General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date. The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

Currency

Euro

Vaccinations

No

Documents and visas

Passport, ID card

Emergency numbers

Emergency number: 112

Electrical sockets

220v

Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!